



COMMONWEALTH of VIRGINIA
Department for the Aging

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AAA TUESDAY E-MAILING
May 13, 2008

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: May 13, 2008

SUBJECT: Annual Training for AAA Congregate Site and Senior Center Staff

The annual training for nutrition site managers, senior center staff, home delivered meals drivers, and other AAA staff will be held in several locations this year in order to encourage more regional attendance. Subcontractors are also welcome to register and attend. The same session will be held in each of four locations. Plan to attend one session.

Tuesday, June 24, 2008
Piedmont Geriatric Institute
5001 E. Patrick Henry Highway
Burkeville, VA 23922

Monday, July 14, 2008
Department of Forestry
900 Natural Resources Drive
Charlottesville, VA 22903

Friday, July 25, 2008
City of Norfolk Workforce Development
Center
201 E. Little Creek Road
Norfolk, VA 23505

Thursday, July 31, 2008
The McCoart Building
1 County Complex Ct.
Woodbridge, VA 22192

Annual Training for AAA Congregate Site and Senior Center Staff

May 13, 2008

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The training facilitators will be Patricia W. Slattum, PharmD, PhD, associate professor and geriatric specialist in the pharmacy program at Virginia Commonwealth University and Elaine S. Smith, MS, RD, Program Coordinator at the Virginia Department for the Aging.

Each session will run from 9:30 a.m. to 2:30 p.m. and the day's agenda will include the following topics:

- Food and Medication Interactions
- Interactive Case Scenarios
- Medication Use Safety Training (MUST) for Seniors and Caregivers
- Dietary Herbs and Supplements

Following is a registration form. Please complete and email your registration to Elaine.Smith@vda.virginia.gov or fax to 804-662-9354. There is no registration fee.

The deadline for registration for all sessions is Wednesday, June 4, 2008.

Once you have registered, a confirmation and information will be sent regarding directions to the specific location, lunch, etc.

Please direct any questions or concerns about the training to me at Elaine.Smith@vda.virginia.gov or 804-662-9319.

8th Annual Workshop for AAA Congregate Site Managers, Senior Center Staff,
Home Delivered Meals Drivers and Others

Food and Medication Interactions

Registration Form

Area Agency on Aging: _____

Contact Person: _____ Phone number: _____

Email: _____ Fax: _____

List names of attendees from your agency: (please type or print full names clearly)

Please check the date and location where you will attend the session:

Piedmont Geriatric Institute 5001 E. Patrick Henry Highway Burkeville, VA 23922	Tuesday, June 24, 2008	_____
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Department of Forestry 900 Natural Resources Drive Charlottesville, VA 22903	Monday, July 14, 2008	_____
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City of Norfolk Workforce Development Center 201 E. Little Creek Road Norfolk, VA 23505	Friday, July 25, 2008	_____
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Please email your registration to Elaine.Smith@vda.virginia.gov or fax 804-662-9354.

The deadline to register for all sessions is Wednesday, June 4, 2008. The contact person listed above will be sent further information and confirmation of registration.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen M. Nau, Program Coordinator

DATE: May 13, 2008

SUBJECT: Caregiving: Consumer Choice, Workforce Issues, TBI Issues and Respite

Virginia Caregiver Coalition

The Virginia Caregiver Coalition will meet at 9:30 A.M. on **Thursday, June 5**. Featured presenters include Linda Nablo, Virginia Commissioner for the Aging and Kathy Pryor, Virginia Poverty Law Center, and Joanie Latimer, Virginia Ombudsman. Coalition members, caregivers, hospital discharge planners will enjoy Ms. Nablo speaking about the Virginia Department for the Aging and its current projects as well as the Older Dominion Project. Kathy Pryor and Joanie Latimer will present on Nursing Home Residents' Rights Regarding Transfer and Discharge as well as the Right of Readmission after a Hospital Stay.

Participating video conference sites include: **VDA Conference Room; Mountain Empire Older Citizens, Inc.** (Contact: Julia Trivett Dillon MEOC 276-523-4202); **James Madison University** (Contact: Vickie Landes, Caregivers Community Network 540-568-3462); **Fairfax County-Pennino Government Building** (Contact: Yolanda Thompson Fairfax AAA 703-324-5411); **Newport News Health Department** (Contact: Sharon Brandau Peninsula AA 757-873-0541); **Madison Virginia Health Department** (Contacts: Rappahannock/Rapidan CSB/AAA and Aging Together Lynnette Scott 540-825-3100 or Chris Miller 540-829-6405); **Smyth County Health Department** (Contact: Libby Davis District III Senior Services 276-783-8158), and **Tazewell County Health**

Department (Contact: Carol Raines Appalachian Agency for Senior Citizens, Inc. 276-964-4915).

Please consult program contacts if you would like to attend the video conferencing, as some sites have limited seating. For further information, contact: Ellen Nau at 804-662-9340.

National Family Caregiver Support Program Clarification

Attached, please find a useful chart on the National Family Caregiver Support Program (NFCSP), Title III E as amended, from the Administration on Aging. It should address a variety of questions we have received from Area Agencies on Aging in regard to Title III E.

Satellite Broadcast – “Health Implications of Caregiving”

Mark your calendar! June 25, 2009 1:00-2:30 P.M. EST Registration details will be coming soon. Sponsored by the Centers for Medicare & Medicaid Services
Panel participants include: National Alliance for Caregiving; University of Pittsburgh; Centers for Disease Control and Prevention; United Hospital Fund; Prince George's Health Department (MD); New Jersey Parent Advocacy Network; University of Wisconsin Cooperative Extension; Department of Veteran Affairs, and the University of Alabama.

Consumer Choice

Created by the Rutgers Center for State Health Policy (CSHP), *Advancing Medicaid HCBS Policy: From Capped Consumer to Consumer-Directed*, can be downloaded in PDF format from <http://www.cshp.rutgers.edu/cle/products.htm>. This discussion paper was prepared by Paula Acosta of Acosta Consulting, Technical Advisor to the California Department of Health Care Services, Sacramento, CA and Leslie Hendrickson, Visiting Professor at Rutgers Center for State Health Policy.

An April 24, 2008 article on *Stateline.org*, entitled *More States Offer Choice in Long-Term Care*, outlines state programs that allow family caregivers or other privately hired direct care workers to be hired through consumer choice programs. Contact: Stateline, the daily online publication of the Pew Research Center at <http://www.stateline.org/live/>,

Aging Workforce

A *Workforce to Care for Our Aging* is available for download in pdf. format at: http://www.genworth.com/content/etc/medialib/genworth/us/en/Long_Term_Care.Par.85

[289.File.dat/45452_workforce.pdf](#). The report discusses the shortage of professional caregivers, and the increasing stress on family caregivers as the nation's aging population grows. The report presents suggestions for recruiting and retaining long-term care workers and establishing support systems for family caregivers.

Senators Gordon Smith, Herb Kohl and Kent Conrad introduced a Senate bill, *Incentives for Older Workers Act* on April 29. If passed, the bill will provide incentives and remove barriers for older Americans wishing to stay in the workforce longer and encourage employers to recruit and retain older workers. A hearing on how government could be a model for hiring and retaining older workers was held by the Special Committee on Aging. Contact: <http://aging.senate.gov/>

Bill to Provide Services and Support to Families of Service Members with TBI Introduced into Congress

S.2921, The Caring for Wounded Warriors Act would provide education and training to family caregivers in two pilot programs. In one program, trained family caregivers could receive compensation from the Department of Veterans Affairs and receive assessments leading to referrals for services and support to meet their needs. The second pilot program would train graduate students to provide respite care to families caring for service members and veterans with TBI. The whole bill can be viewed at <http://thomas.loc.gov> by putting the bill number in the search engine.

S.793 sponsored by Senator Orrin Hatch became public law: 110-206. The law provides for the expansion and improvement of traumatic brain injury programs.

New Zealand Carers' Strategy

April 28, 2008 was the launch date of the New Zealand government's new strategy for the country's 420,000+ caregivers. The five year Strategy Action Plan provides for a review of financial and respite supports for caregivers and offers practical help for caregivers. The New Zealand Carers Alliance partnered with the New Zealand government to develop the action plan. More information on the plan can be obtained from John Forman at info@carers.net.nz.

Annual Lifespan Respite Conference September 4-6, 2008

The 2008 Lifespan Respite Conference will be held in Des Moines, Iowa in September.

Entitled *Home Grown: Cultivating Caregivers*, the conference will be hosted by the Iowa Respite and Crisis Care Coalition and the ARCH National Respite Network. Participants can pre-register at a reduced rate. For further information contact:

<http://www.irccc.affiniscape.com/displaycommon.cfm?an=12>

On March 13, 2008, Senators Clinton and Warner offered an amendment that was passed by unanimous consent in the Senate to reserve \$53 million to fund the Lifespan Respite Act in the Federal 2009 budget.

Publications from the National Health Policy Forum

The United States' Aging Network and the Older Americans Act are the focus of two new publications available for download in pdf. format at: <http://www.nhpf.org/>

The Aging Services Network: Accomplishments and Challenges in Serving a Growing Elderly Population examines whether the aging services network will be able to serve an increasing aging population. *The Basics: Older Americans Act of 1965* describes the Act's basic programs and outlines FY2008 federal appropriations.

Information on Sandwich Generation Who Care for Their Children and Aging Relatives

More information on a March 20, 2008 report issued by the National Association of Social Workers (NASW) and the New York Academy of Medicine entitled *Not Ready for Prime Time: The Needs of Sandwich Generation Women, A National Survey of Social Workers* is available at Help Starts Here on the internet. In addition to providing survey information on the caregiving issues faced by sandwich generation women, information from two week journals maintained by 41 of the women is presented.

Contact: <http://www.helpstartshere.org/>

PERSONS ELIGIBLE TO RECEIVE SERVICES UNDER THE NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM

Family Caregivers (Population Served)	Grandparents and Relative Caregivers (Population Served)
Adult family members (age 18 years or older) or other adult informal caregivers providing care to individuals 60 years of age and older	Grandparents and other relatives (not parents) 55 years of age and older providing care to children under the age of 18 years
Adult family members (age 18 years or older) or other adult informal caregivers providing care to individuals of any age with Alzheimer's disease and related disorders	Grandparents and other relatives (not parents) 55 years of age and older providing care to adults, age 18 to 59 years, with disabilities
Priority: (1) Family caregivers who provide care for <i>older</i> individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction; (2) Family caregivers (<i>of any age</i>) who provide care for older individuals (<i>60 years of age and older</i>) with Alzheimer's disease or related disorders; and (3) Family caregivers who are older individuals (<i>60 years of age and older</i>) with greatest social need, and greatest economic need (with particular attention to low-income older individuals), who are providing care to individuals 60 years of age or older.	Priority: (1) Grandparents or relative caregivers (<i>55 years of age and older</i>) providing care for children with severe disabilities; and (2) Older individuals (<i>60 years of age and older</i>) providing care to individuals with severe disabilities, including children with severe disabilities.
OAA 2006 Amendments Reference Sec 102 Definitions (40) The term “ <i>older individual</i> ” means an individual who is 60 years of age or older. Population Served <i>Sec. 302 Definitions (Title III)</i> (a)(4) The term “ <i>family caregiver</i> ” means an adult family member, or another individual, who is an informal provider of in-home and community care to an older individual or to an individual with Alzheimer's disease or a related disorder with neurological and organic brain dysfunction.	OAA 2006 Amendment Reference Sec 102 Definitions (40) The term “ <i>older individual</i> ” means an individual who is 60 years of age or older. Population Served <i>Sec. 372. Definitions (NFCSP)</i> (a) In General - In this subpart: (1) The term “ <i>child</i> ” means an individual who is not more than 18 years of age or

Priority
Sec. 372

(b) Rule – In providing services under this sub part-

(1) for family caregivers who provide care for individuals with Alzheimer’s disease and related disorders with neurological and organic brain dysfunction, the State involved shall give priority to caregivers who provide care for older individuals with such disease or disorder, and

(2) for grandparents or older individuals who are relative caregivers, the State involved shall give priority to caregivers who provide care for children with severe disabilities.

Sec. 373
(c)(2) Priority

In providing services under this subpart, the State, in addition to giving the priority described in section 372(b), shall give priority-

(A) to caregivers who are older individuals with greatest social need, and older individuals with greatest economic need (with particular attention to low-income older individuals); and

who is an individual with a disability.

(2)The term ‘grandparent or older individual who is a relative caregiver’ means a grandparent or step-grandparent of a child, or a relative of, a child by blood, marriage, or adoption, who is 55 years of age or older and-

(A) lives with the child;

(B) is the primary caregiver of the child because the biological or adoptive parents are unable or unwilling to serve as the primary caregiver of the child; and

(C) has a legal relationship to the child, as such legal custody or guardianship, or is raising the child informally.

Priority
Sec. 372

(b) Rule – In providing services under this sub part-

(2) for grandparents or older individuals who are relative caregivers, the State involved shall give priority to caregivers who provide care for children with severe disabilities.

Sec. 373
(c)(2) Priority

In providing services under this subpart, the State, in addition to giving the priority described in section 372(b), shall give priority-

(A) to caregivers who are older individuals with greatest social need, and older individuals with greatest economic need (with particular attention to low-income older individuals); and

(B) to older individuals providing care to individuals with severe disabilities, including children with severe disabilities.